



Alabama
Colon &
Gastro, P.C.

PROCEDURE: UPPER ENDOSCOPY

Patient Name: _____ Procedure Date: _____

Procedure Time: _____ Arrival Time: _____

Schedule with: Dr. Rice

PROCEDURE SITE: Huntsville Surgery Center
 Crestwood Medical Center

ONE WEEK BEFORE YOUR EXAMINATION:

1. Do not take aspirin-containing procedures such as **Alka Seltzer, Ascriptin, Empirin, Bufferin, Midol**, etc.
2. Do not take nonsteroidal anti-inflammatory drugs such as **Advil, Medipren, Motrin, Ibuprofen, Feldene, Clinoril, Indocin, Tolectin**, etc.

PREPARATION INSTRUCTIONS:

For patients with procedures before noon – The night before your procedure, do not eat or drink anything after midnight until after your procedure has been completed.

For the patients with procedures in the afternoon – You may have clear liquids up to 5 hours before your procedure. Do not eat or drink anything this time. For example – If your procedure is scheduled for 2:00 p.m., then you may have clear liquids up until 8:00 a.m. that morning, but nothing after 8:00 a.m.

CLEAR LIQUIDS:

- Water, black coffee, tea, clear juice, Gatorade, soda, jello (no red or orange), popsicles, clear broth or bullion.
- Do not eat any dairy products, thick cream, vegetable or noodle soups.
- Do not eat solid food until after your procedure.
- Be certain to drink plenty of fluids during you allowed time.

PLEASE REMEMBER TO:

1. Arrive at your scheduled time.
2. Have available a list of your present medications.
3. **YOU MUST BRING SOMEONE WITH YOU WHO WILL BE ABLE TO REMAIN AT THE FACILITY FROM YOUR TIME OF ADMIT TO DISCHARGE AND DRIVE YOU HOME.** You will not be able to drive yourself home since a sedative is used with the procedure.
4. All patients on heart, pain or blood pressure medications may take their medicine with a small amount of water the morning of the examination.

5. Do not take medication for diabetes mellitus or any insulin on the day of your procedure until after your procedure and you begin eating again.
6. Notify **our office** at least 48 hours in advance if you cannot keep your appointment.

PLEASE NOTE: You will be asked to remove your dentures or partials just prior to your procedure.